Taste of India

- Swaraja







SWEET SOUR SPICY BITTER SALTY

The Five Tastes

Food can have different tastes. Let's discover them!

Sweet



Like sugar, honey and chocolate.

Salty



Like salted chips and popcorn.

Sour



Like lemon and tamarind.

Spicy



Like chilli and spicy curry.

Bitter



Like bitter gourd and some vegetables.

TANGY – A mixture of sour and sometimes sweet flavours. Think of tamarind chutney!



1.Tamarind Chutney
Sweet and sour
Tangy
Sticky
Question: Is it sweet or sour?



2.Mango Achar (Mango Pickle)
Sour
Tangy
Sweet and spicy (depending on the recipe)
Question: Can you taste the sour mango?



3. Chakli

Spicy

Salty

Crunchy

Crispy

Question: Can you hear the crunch?



4. Khakhra
Salty
Crispy
Crunchy
Savoury
Question: Is it soft or crunchy?



5. Besan Laddu

Sweet

Soft

Crumbly

Nutty

Question: Is it sweet? Do you like it?



How do you like it?



I like it!



I love it!



It's delicious!



It's yummy!



It's spicy!



It's sour!



I don't like it.



I prefer ... (sweet / salty / spicy food).




Thank You!
for tasting and discovering
Indian food with me!